



Care
Parent Network

Overview of our programs & services

1. Who we are
2. How do we help families in the community

Care Parent Network

Helping families of children with special needs

- Birth to age 22+
- Developmental delays or diagnosed developmental disabilities
- Complex health care needs
- Receive special education services

All services offered in English & Spanish

No fees for services

We serve all families in Contra Costa County

What is a Family Resource Center?

CA Early Intervention Services Act: Amended in 1997 to include family support services.

- Family Resource Centers are part of the Early Start system of services for children from birth through their 3rd birthday.
- Mandated to provide support services for families of children from birth through their 3rd birthday.
- Many FRCs also provide support services for families of children older than 3 (from other funding sources).
- *To find Family Resource Centers in other counties: www.frcnca.org*

Overview of Programs & Services

- Emotional support
- Information, resources and referral
- Health care information
- Parent education
- Teen transition to adulthood
- Resources for professionals

Our Services

1 | Emotional Support

One-to-one peer support by staff

Trained mentor/resource parents

Support groups

2 | Health Care Information

Partnership with California Children's Services (CCS)

Care Binder to organize paperwork for medical, Regional Center, educational and other services

3 | Teen Transition to Adulthood

Information & resources

- Employment
- Independent living
- College & other education programs

Individualized support

Parent training

Our Services - Information, Resources & Referral

1 | Customized Information Packets

Early Start through adult services

IEP Process

Community Resources

2 | Individualized Help

Navigating

- Education & IEP
- Regional Center
- CCS
- Transition at age 3 and to adulthood

3 | Other Resources

Parent Training/Conferences

- IEP/IPP
- Disability related
- In English & Spanish

Monthly Newsletter and other important information via Constant Contact

Family Empowerment Center (FEC)

Family Empowerment Centers (FECs) were created by SB 511 back in 2001.

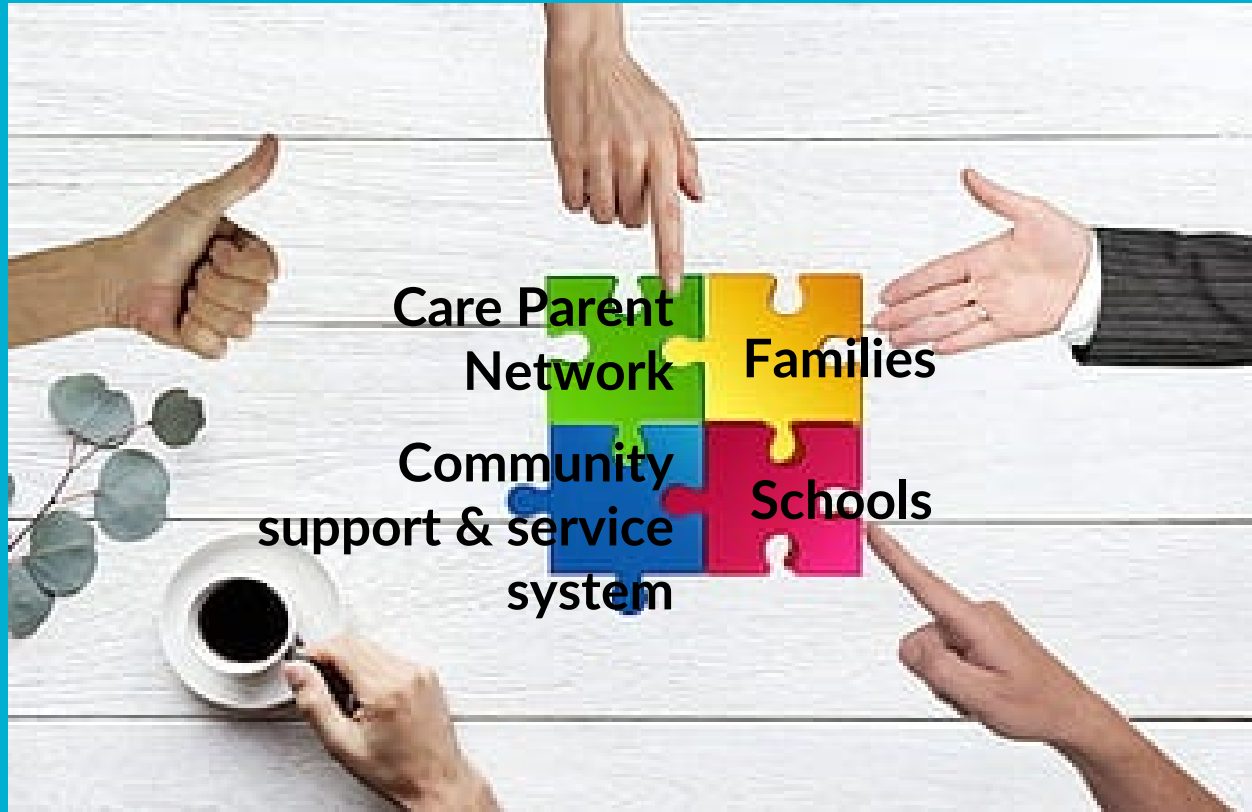
- Only 14 of a proposed 32 FECs were funded and that was the status quo for 20 years.
- Families of students receiving special education services in Contra Costa County have never been served by an FEC.
- In the new budget signed by the Governor in July. Finally, there are funds available to create the remaining 16 FECs.

FEC Services

- Provide training and information to families of children and young adults with disabilities, between the ages of 3 and 22.
- Offer specialized training, peer-to-peer support, information and referral services.
- Assist parents to better understand their child's educational and developmental needs and effectively communicate with service providers.
- Serve as a resource for the IEP process, participate in school reform and improvement activities, promote alternative dispute resolution, and support positive relationships between parents and professionals.

It is also critical that all families have access to these services regardless of cultural, linguistic, geographical, socioeconomic, or other similar barriers.

We are partners in collaboration



We are often the one constant for families

We support families through the
challenges and transitions of life.

We help parents learn to be
the best advocate they can
for their child.



Care Parent Network can help

We are also parents of children with special needs - we've been there!

We provide emotional support and help in navigating the service systems.

We have an extensive list of partners throughout Contra Costa County to who we refer parents and contact us on behalf of families.

My Story

Diagnosis & Early Start
Finding Care Parent Network
Looking Ahead



Contact us!

(925)313-0999

info@careparentnetwork.org

Follow us on Facebook

www.careparentnetwork.org
